AURORA ELEMENTARY

TEACHING SCHEDULE

Aurora School elementary teachers are available online or by telephone on School Days from 9:00am – 3:00pm.

Please email your child's teachers for tutorial help, and see teacher websites for the latest information, resources and lesson videos for your child. **Passwords are required for websites and have been emailed**. If you are not receiving any emails from the school, please check your spam or junk folder.

STUDENT RESOURCES:

Kindergarten AM/PM
aurorakg.weebly.com
Class Dojo
Google Classroom (Mrs. Healy)

Kindergarten Full Day (KVM/KVT)
aurorakinder.weebly.com
Class Dojo
Google Classroom (Mrs. Healy)

Grade 1
Class Dojo
Google Classroom (Mrs. Healy)

Grade 2
https://auroragrade2.weebly.com/
Class Dojo

Grade 3
https://sites.google.com/auroraschool.ca/grade3

Grade 4
https://auroraschoolgrade4.weebly.com/
Google Classroom

Grade 2 – 4 French and Physical Education
https://sites.google.com/a/auroraschool.ca/french-vocabulary/
Google Classroom
Google Meet

- Grade 2 - 10:00 - 11:00 am, Monday
- Grade 3 - 10:30 - 11:30 am, Wednesday
- Grade 4 - 1:00 - 2:00 pm, Thursday

MINIONS COVID-19 VIDEO

https://www.youtube.com/watch?v=DYkIKU_PcBc

For parenting tips and tricks, please see the following list of virtual parent and caregiver sessions through Alberta Health Services.

Are you hoping to increase your parenting skills and learn with a group of people facing the same challenges you are? Welcome to the Triple S Parenting Sessions for parents of kids **4 - 12 years.** This series of interactive and educational workshops was designed to help parents master foundational strategies that will promote healthy relationships, child development, and conflict resolution in your home. Join us in learning new ***skills***, ***supporting*** each other, and practicing ***self-care***.

Using Praise and Rewards to Promote Self-Confidence

Have you been noticing your child struggling with self-esteem? Do you feel like your efforts to connect with them are going nowhere? This session is structured so that parents can learn concrete strategies regarding praise and rewards. The use of these strategies has been linked to increased motivation, relationship satisfaction, and self-confidence.

Date: Monday May 4, 2020 **Time:** 6:00pm - 7:30pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

Assisting Children through Transitions using Structure and Routine

Do you find your child struggles anytime they have to change an activity? Does your home life feel like chaos on a regular basis? Structure and routine is one of the most effective means of promoting healthy development in our children. Come learn how to use these strategies in your home and how to assist your child with changes and transitions to the routines.

Date: Wednesday May 20, 2020 **Time:** 6:00pm - 7:30pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

Managing Meltdowns and Tantrums

Are you wondering how you could possibly handle another tantrum in the grocery store or how you could manage being shut out by your child for a few more hours? This sessions is designed to teach parents the brain science behind meltdowns and shut downs and how we can use strategies to assist in regulating the brain. Join us in conversations about co-regulation, triggers, and calm down strategies so you feel more confident in your ability to respond to your child's BIG moods.

Date: Thursday May 28, 2020 **Time:** 6:00pm - 7:30pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

Navigating Challenges and Relationships

Do you find that your child struggles to find solutions when a conflict arises? Are you hoping to support some more independence in their problem solving abilities? Allow us to show you some simple steps for breaking down problems and finding solutions with your children. Learn from your peers in regards to what has worked for them and discuss how you can best collaborate with your family.

Date: Saturday June 6, 2020 **Time:** 10:00am - 11:30am
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

For more information or to REGISTER contact the Boys & Girls Clubs Big Brothers Big Sisters of Edmonton Staff Fareeda Shoblaq at: 780.471.4079
or go to: https://www.surveymonkey.com/r/TripleSParentSessions

Alberta Health Services
Child, Youth & Family Addiction & Mental Health

Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

These **free sessions** are intended to provide parents, caregivers, teachers, and community members with basic information about addiction and mental health challenges that can impact children and youth. Presentations are hosted in clubs and are open to all adults to attend.

Technology and the Teenage Brain

Supporting the Digital Wellbeing of Families

This session is for both caregivers and teens together (Grades 7-12).

Technology is a huge part of our children's lives and a common concern for most parents. Social media, video gaming, internet use, and cell phones may already be topics of debate within your family. This session will review how modern technology can impact the developing teenage brain - the risks and also the benefits. Parents and teens will learn ways to have a balanced use of technology to better support positive mental health.

Date: Wednesday May 13, 2020
Time: 6:00 pm - 7:30 pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

Helping your Child Succeed in School

Focus is on caregivers of kids in grades K-6.

Executive functioning skills are essential for children to succeed, but what are they exactly? Take a peek inside the developing brain of a child to learn about these skills and how they impact learning, behavior, emotions, and social interactions. Caregivers will be provided with strategies and resources to assist their children developing inhibition, working memory and mental flexibility skills.

Date: April 23, 2020
Time: 6:00 pm - 7:30 pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

Supporting Self-Regulation

Focus is on caregivers of kids in grades K-6

Do you wish you have more information to help elementary aged children handle strong emotions? Did you know that self-regulation is an essential element to lifelong success? This session will define self-regulation and how it is used in everyday life. It will provide a helpful review regarding the development of self-regulation in children. The strategies and resources provided will empower and foster caregivers' essential skills to increase children's mental health and resiliency.

Date: June 9, 2020
Time: 6:00 pm - 7:30 pm
Location: Online! *A Zoom link will be emailed to registrants 2 business days before the session*

For more information or to REGISTER contact the Boys & Girls Clubs Big Brothers Big Sisters of Edmonton Staff Fareeda Shoblaq at: 780.471.4079
Or go to: https://www.surveymonkey.com/r/BGCBigsCaregiverEducation2020

Alberta Health Services
Child, Youth & Family Addiction & Mental Health

Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area